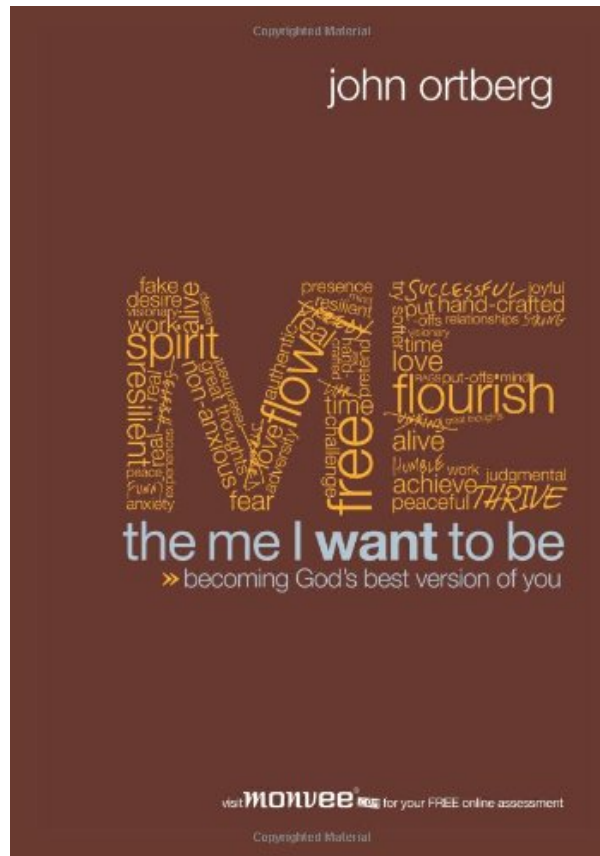


# THE ME I WANT TO BE: BECOMING GOD'S BEST VERSION OF YOU BY JOHN ORTBERG



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**The Me I Want To Be: Becoming God's Best Version Of You By John Ortberg.** Reading makes you a lot better. That claims? Lots of sensible words say that by reading, your life will be much better. Do you believe it? Yeah, verify it. If you need guide The Me I Want To Be: Becoming God's Best Version Of You By John Ortberg to review to verify the wise words, you can visit this web page perfectly. This is the website that will certainly provide all guides that most likely you need. Are guide's compilations that will make you really feel interested to read? Among them below is the The Me I Want To Be: Becoming God's Best Version Of You By John Ortberg that we will recommend.

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This book will show how God's perfect vision for you starts with a powerful promise. All those who trust in God 'will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit' (Jeremiah 17:7-8). Ortberg urges you to recognize your brokenness, understand that God is the project manager, and follow His directions. The author first helps gauge your spiritual health and measure the gap between where you are now and where God intends you to be. Then he provides detailed tasks and exercises to help you live in the flow of the Spirit, circumventing real-world barriers---pain and sorrow, temptations, self-doubt, sin---to flourish even in a dark and broken world. As you start living in the flow, you will feel: --- a deeper connection with God --- a growing sense of joy --- an honest recognition of your brokenness --- less fear, more trust --- a growing sense of being 'rooted in love' --- a deeper sense of purpose God invites you to join Him in crafting an abundant and joy-filled life. *The Me I Want to Be* shows you how to graciously accept His invitation.

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#### Most helpful customer reviews

70 of 74 people found the following review helpful.

What It Means to Flourish, and How

By George P. Wood

I am not the me I want to be. You are not either. Both of us desire to become better people. But what does better mean? And how do we become better? In his latest book, John Ortberg answers both questions with gentle wit and spiritual insight.

Ortberg is pastor of Menlo Park Presbyterian Church in Menlo Park, California, and author of several books, including *Love Beyond Reason*; *The Life You've Always Wanted*; *If You Want to Walk on Water, You've Got to Get out of the Boat*; and *God Is Closer Than You Think*--all of which I highly recommend.

*The Me I Want to Be* is about spiritual formation, which Ortberg defines as "the process by which your inner self and character are shaped." Many people use the word spiritual in distinction from, or even contradiction to, physical. Two unfortunate consequences of this distinction are that it separates spirituality from everyday life and then narrowly equates spirituality with the spiritual disciplines. Ortberg rejects this distinction. Your whole life is spiritual, not just the praying, Bible-reading, and church-going part. And while spiritual disciplines are indispensable, they are not the only way God forms your inner self.

For Ortberg, a spiritually formed person is a flourishing person. He writes: "Your deepest longing should be to be alive with God, to become the person God made you to be, and to be used to help God's world

flourish." Spiritual formation, then, involves your relationship with God, your growth in Christlikeness, and your mission to the world God is redeeming.

How do you become a flourishing person? "The only way to become the person God made you to be," Ortberg writes, "is to live with the Spirit of God flowing through you like a river of living water." Spiritual formation is not about trying harder, which only results in fatigue, failure, and guilt. Rather, spiritual formation is about discovering and moving with the flow of the Holy Spirit in your spirit, mind, use of time, relationships, and experiences.

For Ortberg, the Holy Spirit does not replace you, he redeems you. Spiritual formation is not about becoming wholly different than who you are now. It is about taking who you are now and refining you in God's image. Two examples: Drawing on the work of Michael Mangis, Ortberg talks about "signature sins." He writes, "the pattern of your sin is related to the pattern of your strengths." When you operate in the flow of the Spirit, God does not eradicate your strengths in order to eradicate your sins. Rather, he works out your sins to help you build on your strengths.

Another example: Many people believe that a spiritually well-formed person will go into some kind of vocational ministry. Ortberg strongly disagrees. The Bible is a book written by workers about workers for workers," he writes, and by workers he means people who are not vocational ministers. "Most adults spend about half their waking lives at work," he goes on to say. "Your work is a huge part of God's plan for your life, and God intends the Spirit to fill and energize workplaces. Work that gets done in offices and elsewhere...desperately requires the guidance and energy of the Spirit." Spiritually formed people will be pastors, evangelists, and missionaries, of course, but also lawyers, doctors, and plumbers. The first person in the Bible to be described as "filled with the Spirit of God" was Bezalel, who was not a priest, but an artisan.

Ortberg does not neglect spiritual disciplines in this book, but he does reframe the way we think about them in a very helpful way. Take prayer, for example. We think of prayer as a discreet activity that we participate in for a set number of minutes (or hours) each day. But Ortberg frames it differently. "The goal of prayer," he writes "is to live all of my life and speak all of my words in the joyful awareness of the presence of God." Looked at this way, it becomes much easier to see how we can pray without ceasing and do everything to the glory of God. Our life as a whole, not just a set number of minutes a day, is prayer, an ongoing conversation with God.

As a Pentecostal Christian, I am greatly cheered to see an evangelical Christian talking so much about the Holy Spirit. Ortberg's book is a reminder that all Christians are the beneficiaries of the regenerating and sanctifying work of God through the Holy Spirit, and we have much to learn from others about these issues. Ortberg does not address the issue of baptism in the Spirit, however, which is the only downside to the book from a Pentecostal perspective.

Read it anyway! It will help you become the "me" God wants you to be.

35 of 38 people found the following review helpful.

A great practical guide to developing intimacy with God

By Ian Acheson

I've been on this intimacy journey these past 12 months as God keeps drawing me to Himself. I've read many helpful books along the way and John Ortberg's book is a refreshing practical guide to walking an intimate life with God.

Ortberg emphasises we all have a unique journey which is important to reflect on. How many times are we



drawn to have our prayer times along the beach, or spend days fasting, or doing such and such, just because we've heard these practical ways have helped others to develop greater intimacy with God? Seek out God in our own individual way, He'll lead us, if we have the desire and the will to find it.

Ortberg takes us through various aspects of our life: thought life, temptation, worrying, spiritual life, relationships and work. He adopts a good mix of sound scripturally-based instruction, psychology with research results (yes, there are lab rat results provided in some chapters), analogies, examples and practical steps to step us through how we can enhance each area of our life to draw closer to God.

The book starts strong and continues in that vein for the majority of it. I found it flattened out a little through the middle, however, that maybe because he covered similar themes to that which I've spent a lot of time thinking through already. But the book ends with a bang. The last 2 chapters in particular dealing with trials and "asking for mountains to climb" are just superb. The life story of a Evelyn "Granny" Brand is wonderfully inspiring.

If you are someone who has a longing to be "alive with God, to become the person God made you to be, and to be used to help God's world flourish" and am seeking some instruction on how to achieve such, then buy this book, devour it and start putting into practice some of the ideas Ortberg proposes. I've already started implementing some, particularly, those relating to my thought life.

Congratulations John on a terrific book filled with such insight, passion and desire to help others achieve intimacy with God.

30 of 33 people found the following review helpful.

Refreshing!

By booklover

I've been pleasantly surprised by this book. After years of reading books of this nature, you start to realize that some of them say the very same thing as the last one you read. Not so with Ortberg! This book is not only biblically sound, it is hilarious. If you like a good anecdotes mixed in with your scripture, I'd highly recommend this book. Every time I sit down to read a chapter or two, I chuckle, I'm forced to pause and ponder the points Ortberg is making, and I feel like I've learned something by the time I put it down. 5 stars!!!

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