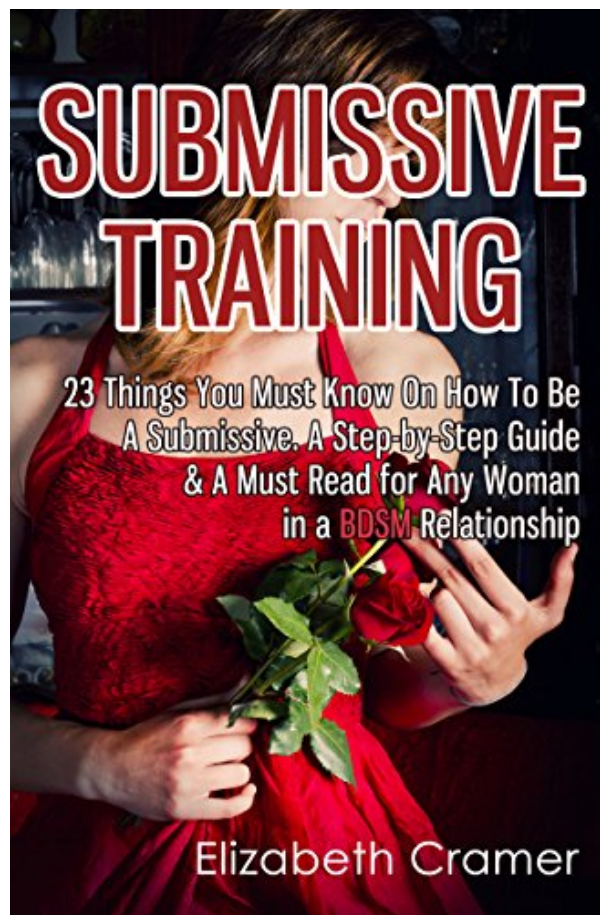
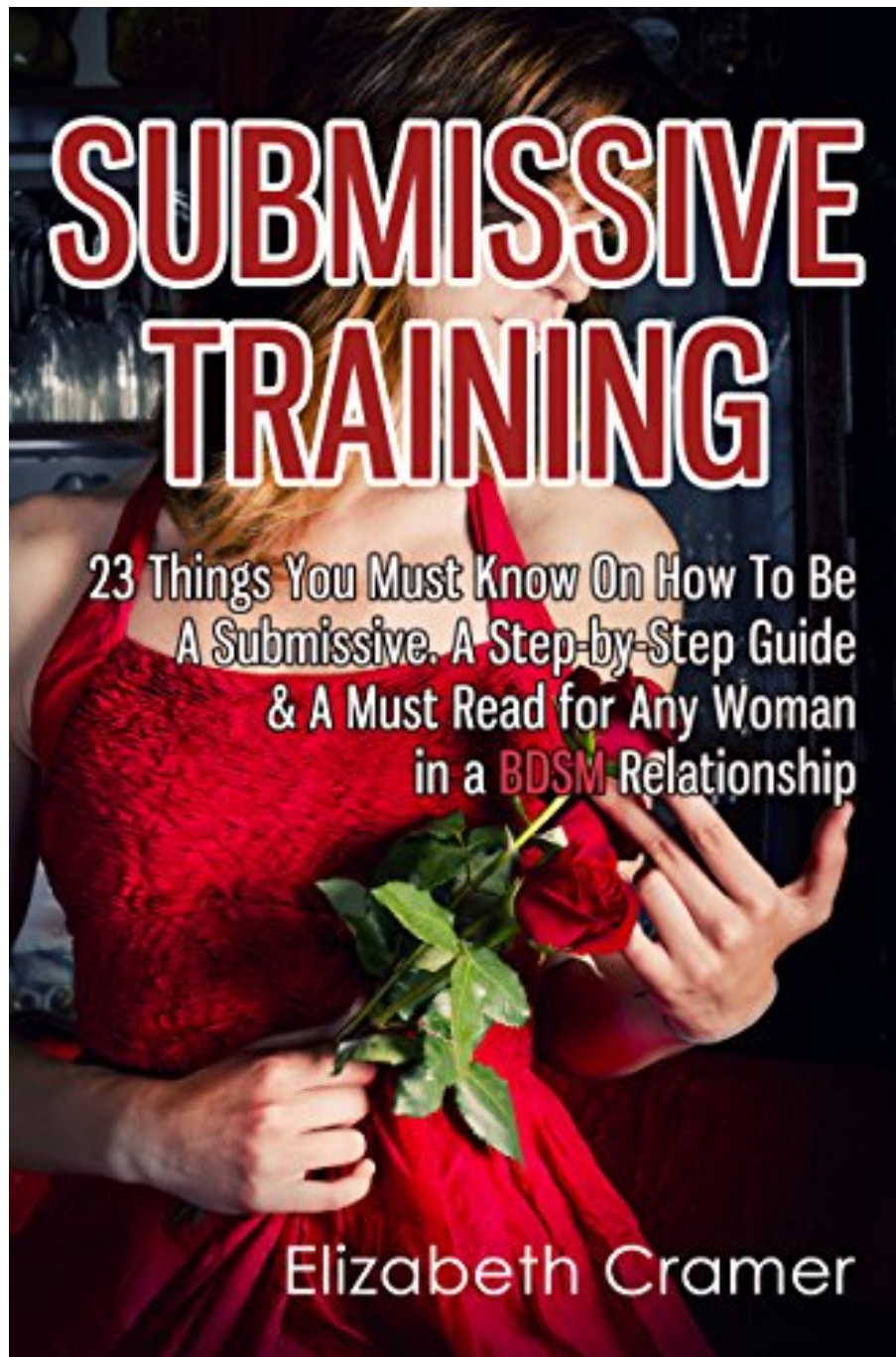


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Nothing will prepare you for a life of submission in the same way as your formal training. Submissive training isn't just a "good idea" when it comes to creating a BDSM relationship. It is essential.

"Submissive Training: 23 Things You Must Know On How To Be A Submissive" is designed to help you know what to expect when you go through training with a new Dom. Every couple is unique and every Dom may have different ways of teaching you the systems of service he prefers. However, these are the basics all trained subs and slaves learn and employ in daily life.

Rushing into a relationship or service contract with a Dom without training puts the future of your time together at risk. All of the arguments, resistance, misunderstandings and hurt feelings that go with a new submissive's experiences can be eradicated by a period designated for learning, listening, trial and error.

Even if you have been with a previous Dom you will need to go through an abbreviated training time to ensure your patterns and understandings match one another. Training is a way to "get in the same rhythm" and find the perfect groove.

If you are a Dom, this guide is the perfect gift to give to your new sub. If you are a sub, this guide will teach you how to go through your submissive training. As you go through these things on the journey to become the woman you were made to be, you will be tested but you will also be proud, joyful and, perhaps for the first time in your life, you will be at peace.

- Sales Rank: #39252 in eBooks
- Published on: 2015-02-18
- Released on: 2015-02-18
- Format: Kindle eBook

Most helpful customer reviews

25 of 26 people found the following review helpful.

A Useful Guide For Any Submissive

By Melissa Robinson

I was pleased with the information I got from this book. I am actually a dominant leaning more towards the side of submission because I am interested in being a switch. I want to be able to carry on both roles when I want. I have read some of the other books written by Elizabeth Cramer, and I have yet to be disappointed.

This book was very informative on the submissive end of the bdsm relationship. The books is divided into to two sections. What you will learn, and how you will learn it. It shares information on learning your identity

and your value in bdsm relationships. Shares information on proper attire, proper names, proper language and much more.

I have read lots of book in this area, and this book really taught me a lot, and expanded on things I am already aware of. I think this is a great book for a submissive novice, and I believe those have been in the life for a while can get something out of this.

21 of 24 people found the following review helpful.

Big help to me. No fluff. Straight to the Point.

By Youming

As someone who is curious about BDSM lifestyle, this book is a big help to me. It breaks down submissive training into 23 chapters - each one easy to understand and straight to the point. You won't find any fluff here. What I really like is that the author is not trying to convince you to become a submissive. She gave you the insight you need to know so you can decide yourself whether or not this is really the lifestyle you want to lead. I was wondering what submissive is all about and intimidated by the terminology. All the conflicting info coming up from Google search just seem so confusing. This book really saves me from Google headaches. I am sure it will help other beginners as well. Can't wait to read vol 2 & 3 to learn more!

10 of 10 people found the following review helpful.

Just the basics... and that's a good thing

By Liz Evans

The world of BDSM is a controversial one. There's much out there that some people have little understanding of or only have a concept from what they've read in a fictional book or watched in a movie. There's so much more to it than that. While I'm not personally engaged in a BDSM relationship, it is something that has captured my interest. This is honestly the bare bones basics. Think of it as a mini BDSM for Dummies. Think of it as a starting point. This is not the end all be all definitive guide. If you find one let me know. The BDSM world is so versatile that there is too much to cram into one book. What this book does give you though is valuable insight into this world. Written with the woman submissive in mind, this guides the BDSM novice through some of the early issues that can plague a novice. There is no fluff, Cramer gets right down to the core of it. She explains how this is more than sex, it is a lifestyle that goes beyond a few playful spankings in the bedroom. From behavior to dress, she covers the basics just to get you started. If you are new to this or think you want to be new to a BDSM lifestyle, start here. Get to know it before you take that first step. You won't be sorry.

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