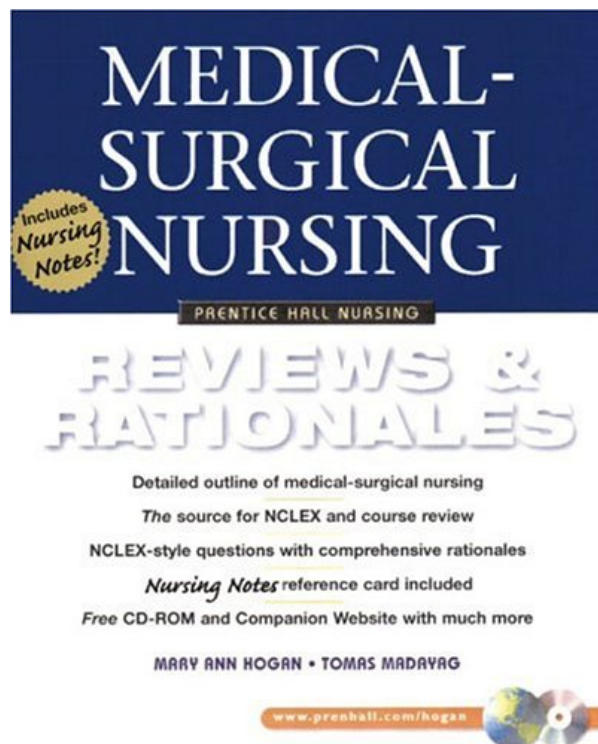


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NURSING REVIEWS & RATIONALES
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For course review on a specific topic, e.g., medical-surgical nursing, review for NCLEX-RN, and review for specialty training. This resource provides a core content review of the subject in outline format. Each chapter opens with a brief outline, objectives, key terms with definitions, media box with summary of CD and CW content, as well as a pre-test. The pre-test and post-test guide the student through a self-paced review. Other features unique to this resource help further enhance the review process.

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Yasssss

By K. Gabel

I failed my first med-surg exam and got one of the lowest scores in the class. I got onto the internet and was searching for resources to help me study and came across this. I used it to study for the second exam, and at the end of the day I got an email from my teacher congratulating me on getting the top score in the class on the exam. This may not be helpful for everyone but it definitely was for me, I used it as a supplement to my class materials. It breaks down each area of study into simple sections. I used it as a supplement to my class textbook and lectures, as the book did leave out some little things I was required to know (example, for cardiac we needed to know about BNP lab values but it wasn't discussed in this book).

0 of 0 people found the following review helpful.

Extremely Helpful

By A. Lucas

I am convinced that this book was one of the two most influential texts that carried me through my last two semesters of nursing school. I only wish I'd discovered the convenience and proper preparation that NCLEX review books offer even earlier in my nursing school years.

This book is particularly helpful in teaching you concepts that may not have been grasped in lectures and formal textbooks - the rationales are sensibly concise and thorough at the same time. The numerous multiple choice questions are excellent and the answers are provided at the end of each section. This book is not only beneficial for the classroom and exam settings, but fabulous for NCLEX preparation, too. The CD is also well worth it. I recommend the HESI review book for a quick, last minute review, but this book is number one!

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best book I brought for under 2 dollars, information is almost the same as the new edition.

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- Pharmacology

About the Author

Mary Ann Hogan, RN, CS, MSN has been a nurse educator for 20 years, currently as a Clinical Assistant Professor at the University of Massachusetts, Amherst. She has taught in diploma, associate degree, and baccalaureate nursing programs. A former item writer for the CAT NCLEX-RN, Ms. Hogan has been teaching NCLEX-RN review courses throughout New England for the last 14 years. She has also contributed to a number of publications in the areas of adult health and fundamentals of nursing. Ms. Hogan is an ANCC-certified clinical specialist in medical-surgical nursing and is a member of Sigma Theta Tau.

Tomas Madayag, EdD, ARNP, MEd, MSN, RN is an Associate Professor at Barry University in Florida, and formerly an Assistant Professor at Florida International University. For 10 years, Dr. Madayag owned a test review center in the Philippines that prepared nurses for the Commission on Graduates of Foreign Nursing Schools visa-qualifying examination and NCLEX-RN. He taught NCLEX review courses to senior nursing students at Florida International University, and conducts NCLEX review courses in the Philippines each year. Dr. Madayag is a certified Adult Nurse Practitioner and Cardiovascular Nurse Specialist.

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Welcome to the new Prentice Hall Reviews and Rationales Series! This 9-book series has been specifically designed to provide a clear and concentrated review of important nursing knowledge in the following content areas:

- Child Health Nursing
- Maternal-Newborn Nursing
- Mental Health Nursing
- Medical-Surgical Nursing
- Pathophysiology
- Pharmacology
- Fundamentals and Skills
- Nutrition and Diet Therapy
- Fluid, Electrolyte, & Acid-Base Balance

The books in this series have been designed for use either by current nursing students as a study aid for nursing course work or NCLEX-RN licensing exam preparation, or by practicing nurses seeking a comprehensive yet concise review of a nursing specialty or subject area.

This series is truly unique. One of its most special features is that it has been authored by a large team of nurse educators from across the United States and Canada to ensure that each chapter is written by a nurse expert in the content area under study. Prentice Hall Health representatives from across North America

submitted names of nurse educators and/or clinicians who excel in their respective fields, and these authors were then invited to write a chapter in one or more books. The consulting editor for each book, who is also an expert in that specialty area, then reviewed all chapters submitted for comprehensiveness and accuracy. The series editor designed the overall series in collaboration with a core Prentice Hall team to take full advantage of Prentice Hall's cutting edge technology, and also reviewed the chapters in each book.

All books in the series are identical in their overall design for your convenience (further details follow at the end of this section). As an added value, each book comes with a comprehensive support package, including free CD-ROM, free companion website access, and a Nursing Notes card for quick clinical reference.

STUDY TIPS

Use of this review book should help simplify your study. To make the most of your valuable study time, also follow these simple but important suggestions:

- Use a weekly calendar to schedule study sessions.
 - Outline the timeframes for all of your activities (home, school, appointments, et c.) on a weekly calendar.
 - Find the "holes" in your calendar—the times in which you can plan to study. Add study sessions to the calendar at times when you can expect to be mentally alert and follow it!
- Create the optimal study environment.
 - Eliminate external sources of distraction, such as television, telephone, etc.
 - Eliminate internal sources of distraction, such as hunger, thirst, or dwelling on items or problems that cannot be worked on at the moment.
 - Take a break for 10 minutes or so after each hour of concentrated study both as a reward and an incentive to keep studying.
- Use pre-reading strategies to increase comprehension of chapter material.
 - Skim the headings in the chapter (because they identify chapter content).
 - Read the definitions of key terms, which will help you learn new words to comprehend chapter information.
 - Review all graphic aids (figures, tables, boxes) because they are often used to explain important points in the chapter.
- Read the chapter thoroughly but at a reasonable speed.
 - Comprehension and retention are actually enhanced by not reading too slowly.
 - Do take the time to reread any section that is unclear to you.
- Summarize what you have learned.
 - Use questions supplied with this book, CD-ROM, and companion website to test your recall of chapter content.
 - Review again any sections that correspond to questions you answered incorrectly or incompletely.

TEST TAKING STRATEGIES

Use the following strategies to increase your success on multiple-choice nursing tests or examinations:

- Get sufficient sleep and have something to eat before taking a test. Take deep breaths during the test as needed. Remember, the brain requires oxygen and glucose as fuel. Avoid concentrated sweets before a test, however, to avoid rapid upward and then downward surges in blood glucose levels.
- Read each question carefully, identifying the stem, the four options, and any key words or phrases in either the stem or options.
 - Key words in the stem such as "most important" indicate the need to set priorities, since more than one option is likely to contain a statement that is technically correct.

- Remember that the presence of absolute words such as "never" or "only" in an option is more likely to make that option incorrect.
- Determine who is the client in the question; often this is the person with the health problem, but it may also be a significant other, relative, friend, or another nurse.
- Decide whether the stem is a true response stem or a false response stem. With a true response stem, the correct answer will be a true statement, and vice-versa.
- Determine what the question is really asking, sometimes referred to as the issue of the question. Evaluate all answer options in relation to this issue, and not strictly to the "correctness" of the statement in each individual option.
- Eliminate options that are obviously incorrect, then go back and reread the stem. Evaluate the remaining options against the stem once more.
- If two answers seem similar and correct, try to decide whether one of them is more global or comprehensive. If the global option includes the alternative option within it, it is likely that the more global response is the correct answer.

THE NCLEX-RN LICENSING EXAMINATION

The NCLEX-RN licensing examination is a Computer Adaptive Test (CAT) that ranges in length from 75 to 265 individual (stand-alone) test items, depending on individual performance during the examination. Upon graduation from a nursing program, successful completion of this exam is the gateway to your professional nursing practice. The blueprint for the exam is reviewed and revised every three years by the National Council of State Boards of Nursing according to the results of a job analysis study of new graduate nurses (practicing within the first six months after graduation). Each question on the exam is coded to one Client Need Category and one or more Integrated Concepts and Processes.

Client Need Categories

There are 4 categories of client needs, and each exam will contain a minimum and maximum percent of questions from each category. Each major category has subcategories within it. The Client Need categories according to the NCLEX-RN Test Plan effective April 2001 are as follows:

- Safe, Effective Care Environment
 - Management of Care (7-13%)
 - Safety and Infection Control (5-11 %)
- Health Promotion and Maintenance
 - Growth and Development Throughout the Lifespan (7-13%)
 - Prevention and Early Detection of Disease (5-11%)
- Psychosocial Integrity
 - Coping and Adaptation (5-11 %)
 - Psychosocial Adaptation (5-11%)
- Physiological Integrity
 - Basic Care and Comfort (7-13%)
 - Pharmacological and Parenteral Therapies (5-11 %)
 - Reduction of Risk Potential (12-18%)
 - Physiological Adaptation (12-18%)

Integrated Concepts and Processes

The integrated concepts and processes identified on the NCLEX-RN Test Plan effective April 2001, with condensed definitions, are as follows:

- Nursing Process: a scientific problem-solving approach used in nursing practice; consisting of assessment, analysis, planning, implementation, and evaluation.
- Caring: client-nurse interaction(s) characterized by mutual respect and trust and directed toward achieving desired client outcomes.
- Communication and Documentation: verbal and/or nonverbal interactions between nurse and others (client, family, health care team); a written or electronic recording of activities or events that occur during client care.
- Cultural Awareness: knowledge and sensitivity to the client's beliefs/values and how these might impact on the client's healthcare experience.
- Self-Care: assisting clients to meet their health care needs, which may include maintaining health or restoring function.
- Teaching/Learning: facilitating client's acquisition of knowledge, skills, and attitudes that lead to behavior change.

More detailed information about this examination may be obtained by visiting the National Council of State Boards of Nursing website at <http://www.ncsbn.org> and viewing the NCLEX-RN Examination Test Plan for the National Council Licensure Examination for Registered Nurses.

HOW TO GET THE MOST OUT OF THIS BOOK Chapter Organization

Each chapter has the following elements to guide you during review and study:

- Chapter Objectives: describe what you will be able to know or do after learning the material covered in the chapter.

OBJECTIVES

- Review basic principles of growth and development.
- Describe major physical expectations for each developmental age group.
- Identify developmental milestones for various age groups.
- Discuss the reactions to illness and hospitalization for children at various stages of development.

Guides Medical-Surgical Nursing: Reviews And Rationales (Prentice Hall Nursing Reviews & Rationales Series) By Mary Ann Hogan, Tomas Madayag, from straightforward to challenging one will certainly be a really valuable works that you could take to alter your life. It will not provide you unfavorable declaration unless you do not get the significance. This is certainly to do in checking out a book to get rid of the meaning. Typically, this book qualified Medical-Surgical Nursing: Reviews And Rationales (Prentice Hall Nursing Reviews & Rationales Series) By Mary Ann Hogan, Tomas Madayag is read considering that you really similar to this sort of book. So, you could obtain simpler to comprehend the impression and significance. Once again to constantly bear in mind is by reading this publication **Medical-Surgical Nursing: Reviews And Rationales (Prentice Hall Nursing Reviews & Rationales Series) By Mary Ann Hogan, Tomas Madayag**, you could satisfy hat your inquisitiveness begin by finishing this reading e-book.