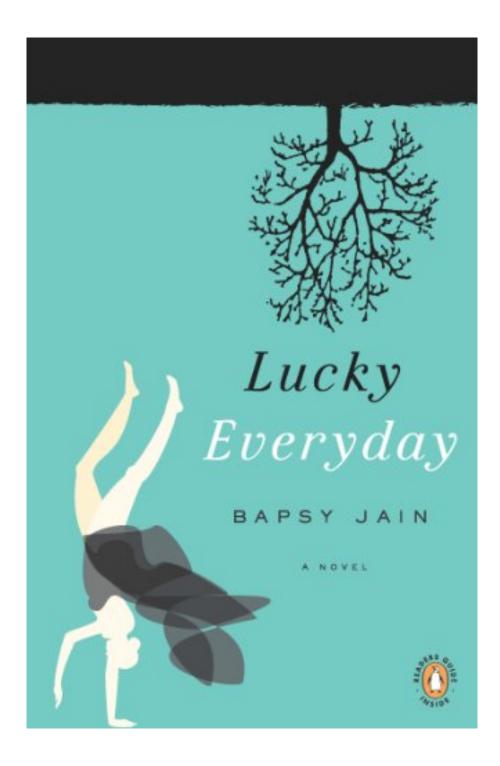


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#### From Publishers Weekly

Lucky Boyce flees to New York from Bombay after the breakup of her disastrous marriage to a glamorous but controlling husband in Indian author Jain's overstuffed novel. Lucky's lost her status, her self-confidence and her business; struggling to find a purpose in all this through yoga and meditation, she volunteers to teach yoga at the local prison. She soon runs into an old flame, now married but still in love with her, and an opportunity to turn a former business rival into an ally. As she moves toward enlightenment, Lucky's thwarted by ever more bizarre roadblocks: she is mugged, framed for murder, robbed, gets pregnant, ad infinitum, all interspersed with descriptions of visions and prophetic dreams, putting her somewhere between Job and Bridget Jones. Though Lucky herself is a fully imagined, flawed but endearing character, the constant reliance on luck to shape the plot combined with a disappointing ending make this a mediocre read at best. (June)

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#### Review

"I want every woman in the world to read Bapsy's book." -Bikram Choudhury

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An inspiring novel about a women named Lucky who is anything but . . .

Forced to flee Bombay when her wealthy and charming husband divorces her and squashes her career, Lucky Boyce feels defeated and desperate for respite. Fortunately, old friends welcome her to New York where life begins with promise. Determined and trying to make a difference, she volunteers to teach yoga to prison inmates. But with her confidence in question and love starting to surface, a series of bizarre events leave Lucky searching once again for answers. Is her journey through life destined to be marred by duplicity and betrayal? Or does she simply need to overcome her fears and look within for the strength to break free? A stunning novel about one woman's struggle toward enlightenment, Lucky Everyday blends the principles of yoga with a thoroughly modern take on the quest for a fulfilled life.

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Most helpful customer reviews

5 of 5 people found the following review helpful. A Somewhat Entertaining Read

### By P. Gray

I don't want to give anything away with regard to this book because I hate it when people do that, so I won't. I'll speak in sweeping generalizations instead.

This book was an entertaining read at times but I found it a bit too contrived for my taste (I'd already figured out the ending 50 pages into the book.) I found the character "Lucky" predictable, arrogant, dull and very self-centered. I found it difficult to care about her, I really did. I mean, here she was having what I consider a very charmed and wonderful life (particularly when compared to the lives of most other people)but all she seemed to do was whine and complain and wonder why it wasn't better. Don't get me wrong, she did experience genuinely difficult and challenging moments but I just couldn't figure out why she wasn't dancing around joyfully during the times between them. She never seemed to have a truly happy moment and I kept wondering, why?

There's a quote in this book that's used over and over again and is attributed to this book: "We are not human beings seeking a spiritual experience, but spiritual beings undergoing a human experience." This is not an original quote or concept. It is one that has been used throughout history by many spiritual philosophies, texts and leaders, such as "The Science of Mind" by Ernest Holmes, several writings and teachings of Deepak Chopra, Dr. Wayne Dyer and Don Miguel Ruiz just to name a few. It would have been nice for the author to give credit where credit is due even though this book is a work of fiction.

I was truly hoping that this book would be an undiscovered gem for me but I never connected with it. Oh well, better luck next time I suppose.

0 of 1 people found the following review helpful.

- A must read for women of all ages!!!
- By Mengzhu Wang

A friend of mine recommended this book to me and I bought it from Amazon. Having recently gotten out of a long term relationship myself I could completely relate to Lucky Boyce's character and her struggle to start life from scratch again. As you read the book u realize that even though the problems that Lucky's character faces are different from ones we face in our day to day lives but sum where sooner or later our inner demons catch up to us and then there is no choice but to face them head on. And that's exactly what Lucky does.....We all find some thing in our lives that helps us find our inner strength for Lucky Yoga gives her the calm and the peace required to face her fears. Personally for me meditation and yoga have been very therapeutic too and hence I loved this book. For those who are new to healing effects of yoga this book will definitely be an eye opener. Bottom line this book was money well spent for me and I would definitely recommend it to one and all. Hats off to Bapsy Jain for writing a book with such well defined characters and a gripping story that makes it difficult to put down. I recently read on Bapsy's website that she is working on a sequel to this book and I cannot wait to read it.

1 of 1 people found the following review helpful.

A very good read.

By Zem S.

A great book for all readers, despite that Penguin appears to target young women in particular. Lucky, the protagonist, grows from an ambitious young professional to a fully-mature woman. But the twists and turns and interesting characters she meets along way will keep any reader turning pages. A mystery? Absolutely. A coming-of-age novel? Sort of. A novel with a message? Yes. But above all, a page turner. A very entertaining book.

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