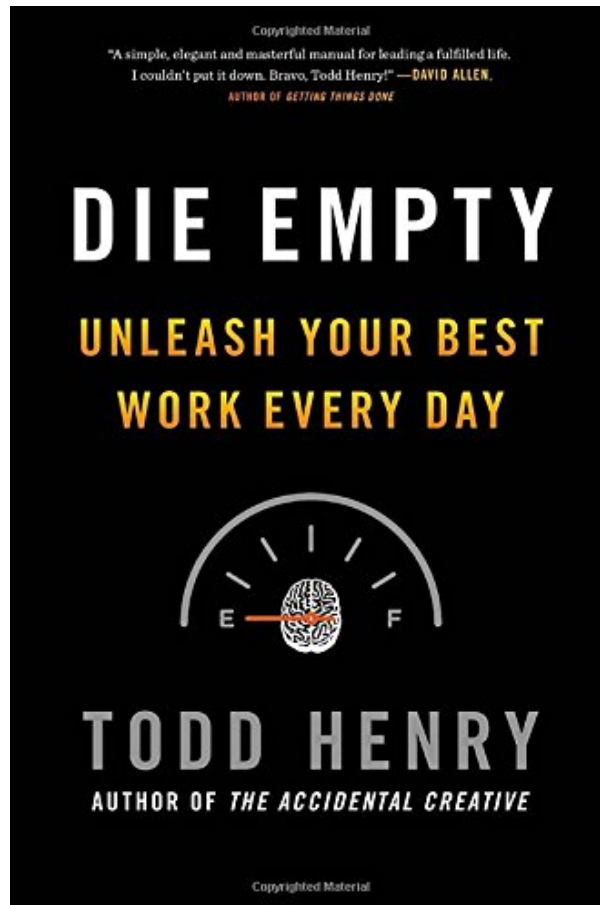


DIE EMPTY: UNLEASH YOUR BEST WORK EVERY DAY BY TODD HENRY



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AUTHOR OF *THE ACCIDENTAL CREATIVE*

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"Embrace the importance of now, and refuse to allow the lull of comfort, fear, familiarity, and ego to prevent you from taking action on your ambitions...The cost of inaction is vast. Don't go to your grave with your best work inside of you. Choose to die empty."

Most of us live with the stubborn idea that we'll always have tomorrow to do our most important and valuable work. We fill our days with frantic activity, bouncing from task to task, scrambling to make deadlines and chase the next promotion. But by the end of each day we're often left asking ourselves "did the work I do today really matter?" We feel the ticking of the clock, but we're stuck in first gear, unsure of the path forward and without a road map to guide us.

Here's the hard truth: sooner or later all of our tomorrows will run out, so how we choose to spend today is significant. Each day that we postpone difficult tasks and succumb to the clutter that chokes creativity, discipline, and innovation results in a net deficit to the world, our organizations, and ourselves.

Die Empty is a tool for people who aren't willing to put off their most important work for another day. Todd Henry explains the forces that keep us in stagnation, and introduces a process for instilling consistent practices into your life that will keep you on a true and steady course.

It's not about slaving over a project or living on a whim--it's about embracing the idea that time is finite and making the unique contribution to the world that only you can make. Henry shows how to cultivate the mindset and the methods you need to sustain your enthusiasm, push through mental barriers, and unleash your best work each day. His guiding principles and checkpoints include:

- **Define Your Battles:** Counter aimlessness by defining your goals wisely and build your life around achieving them.
- **Be Fiercely Curious:** Prevent boredom from dulling your senses by approaching your work with a curious mindset.
- **Step Out of Your Comfort Zone:** Make a valuable contribution to the world by getting uncomfortable and embracing lifelong growth and skill development.
- ...and many more.

Sure to bring a newfound clarity and a sense of urgency to how you approach your work every day, Die Empty will help you reach for and achieve your goals.

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Features

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Most helpful customer reviews

87 of 89 people found the following review helpful.

Even Better Than "Accidental Creative"

By Jesse Lahey

Todd Henry's first book was Accidental Creative: How to Be Brilliant at a Moment's Notice, which examined the creative process and provides strategies to maximize your creativity while maintaining healthy work habits.

In Die Empty, Todd helps individuals and companies stop deferring their most important work. The book provides a process and principles for tapping into your passion -- at first, that may sound like several other

books on the market, but this incorporates Todd's uber-valuable approach to the create-on-demand expectations of today's workplace.

The book is organized around the "seven deadly sins of mediocrity" for individuals and teams:

AIMLESSNESS: The book's chapter "Define Your Battles" helps you identify what you will stand for.

BOREDOM: "Be Fiercely Curious" provides several strategies to avoid "busy boredom," including what he calls a "bliss station."

COMFORT: "Step Out of Your Comfort Zone" helps you establish a new vector and set step, sprint, and stretch goals on your new course.

DELUSION: "Know Yourself" helps you identify what truly resonates with you and what unique contribution you alone are capable of pursuing.

EGO: "Be Confidently Adaptable" helps you prevent an inflated ego from stalling progress on your most important work.

FEAR: "Find Your Voice" helps you take small, calculated risks every day.

GUARDEDNESS: "Stay Connected" helps you maintain productive collaboration rather than closing off from relationships when things get busy.

Todd also outlines four key factors that will determine your long-term effectiveness in life and work. Your F.A.T.E. determines your fate!

I liked Accidental Creative, but I love Die Empty. As the author has continued to develop his ideas and speak to audiences large and small, his writing style, insight, and fascinating stories hit a whole new level in this book.

35 of 36 people found the following review helpful.

The Carpe Diem book for this generation!

By M. AuClair

I started this book and was immediately hooked. Todd lays down the foundation for what "die empty" means and why it's so important. We get one life that goes fast. We can spend our life on a lot of things but only with focus and intention can we truly invest ourselves and our lives into what matters the most.

Todd leads the way to show how we can die empty. He states, "We have only a certain amount of time available to us, and how we choose to spend our days is significant...we feel the ticking of the clock, and the accompanying sense that we may be missing our opportunity to make a contribution to the world. However, we often ignore these impulses as a result of the relentless pragmatics of life and work."

Todd sets out to answer the question, "How do you set in motion a course of action that will allow you to unleash your best, most valuable work while you still can?"

Over the course of the book Todd doesn't give empty cliches or motivational speeches. Instead he shares his observations in his work and real life applicable disciplines we can incorporate into life- from examine where we are going, to the reason we need to step out of our comfort zone to the importance of developing and chasing our curiosity.

This isn't a quick fix book. It's not a call to crazy-busy activity. It's an instruction manual on how to live so that we die empty of regret and full of the satisfaction that we lived life well, giving, serving, spending ourselves on what really mattered.

30 of 32 people found the following review helpful.

An Antidote to Procrastination

By Todd Chambers

I was first introduced to Todd Herny's work through his first title "The Accidental Creative". I knew right away I just had to share his message with my coworkers. It's not often you find someone who really understands the creative process and the myriad pitfalls so many of us creative professionals face in our work and careers. Recently I had the opportunity to hear Todd speak at a leadership event and was immediately reminded just how important and necessary his voice is to the community. Needless to say, I was excited to hear he had written a new book that focused on unleashing excellent work.

"How much of your day do you spend doing work that you'll be proud of later?"

This is the question Todd asks us to consider in his newest title "Die Empty". It's a tough question, but it's one worth grappling with. Let's face it, at some point we're going to run out of tomorrows. And all those great ideas we've been sitting on, those noble projects and worthy causes we hoped we'd get to one day will be left undone. And should that happen, the world will be poorer as a result of our procrastination. "Die Empty" is a powerful antidote to that scenario. It's a weapon against procrastination.

Todd's book doesn't just contain wisdom and aspirations (though there's plenty of that) it provides actionable processes and road maps designed to help us understand our values and to empower those values to drive the work we do. It's a powerful tool for those of us determined to throw our full weight - our values, our talents and our passions - into our work, families and communities.

I have no doubt Die Empty will quickly become a manifesto for professionals intent on living out their passions.

Wanna unleash your best work? Read the book, Then roll up your sleeves and get at it!

See all 138 customer reviews...

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